

# SURGERY AHEAD?

If surgery is in your future, you can use this convenient checklist to prepare for the road ahead. Knowing you've packed everything you'll need will help set your mind at ease.



## CLOTHING

- Loose, comfortable clothing that's easy to put on and take off—enough for a week
- Undergarments and socks
- Pajamas and a robe (*we can provide gowns, if you prefer*)
- Soft-soled shoes or sneakers
- Non-skid slippers

## PERSONAL ITEMS

- Shampoo and conditioner
- Toothpaste or denture cream/cleaners
- Deodorant or antiperspirant
- Hairbrush/comb
- Makeup/lip balm
- Dentures or partials
- Eyeglasses/reading glasses
- Books, magazines, puzzle books, playing cards
- Cell phone, tablet, laptop computer (*free Wi-Fi available*)

## PAPERWORK

- Medicare card (*and any other insurance cards that apply*)
- Power of attorney
- Advance directive

We're happy to answer any questions you might have about what to expect during your stay at Dallas Retirement Village. Call 503-623-5581 for more information.



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