

# Neighborhood CONNECTIONS



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Dallas   
RETIREMENT VILLAGE  
*A Non-Profit Community Founded in  
Christ Since 1947. All Faiths Are Welcome.*

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## EMPLOYEE OF THE YEAR

### Celebrate Our Greatness (COG) Employee of the Year 2019

Jennifer Parmer

Every year we have so many outstanding employees to choose from, and in 2019 Jennifer Parmer was selected by our COG committee to be the Dallas Retirement Village Employee of the Year. Jennifer is what we call a “hidden gem.” She works as the Staffing Coordinator for the Health Center and has been in this role for 25 years. Jennifer’s primary focus is scheduling to ensure we have the adequate coverage needed to care for our residents.

We asked Jennifer what her favorite part about working for Dallas Retirement Village is, especially for so many years? Without hesitation, and as her eyes filled with tears, she replied, “The residents, I can’t wait to get here each day and love them, to be here and see their faces.” Another reason she loves working at DRV is the staff. “The residents and the staff are my family and I care about each of them and about how they are doing.” She told us that she never wants to leave DRV. “I wouldn’t know what to do.”

Jennifer has a heart that is so special and hard to find. We are so blessed to have her on our team! Congratulations Jennifer!



Dallas Retirement Village is open to all people regardless of race, color, national origin, religion, gender or disability.

*We demonstrate Christ’s love by providing a continuum of quality services and care to meet the physical, emotional, and spiritual needs of our residents with dignity and respect.*

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*Neighborhood Connections* is our community newsletter designed to share about the events, people and news of Dallas Retirement Village. Please notify Shellie or Tawnya if you change your address, have suggestions or would like to be removed from our mailing list.

Dallas Retirement Village is a non-profit corporation managed by Life Care Services. For more information about LCS, please go to: [www.lcsnet.com](http://www.lcsnet.com)



Life Care Services, An  
LCS Company, is #1 in  
Customer Satisfaction  
among Senior Living  
Communities



## Resident Spot Light: Ron & Carol Lockwood



In this issue of Neighborhood Connections our Resident Spotlight shines brightly on garden home residents, Ron & Carol Lockwood. They moved to Dallas Retirement Village in August of 2017. The Lockwood's chose Dallas Retirement Village as their home after talking with their longtime dear friends, Glen & Grace Scatterday, who had moved into one of the new Lodge Residences at DRV and encouraged them to come take a look. Ron & Carol had lived in many parts of the country, from California to Florida and when they thought about where they might want to live, they both decided it was Oregon. After visiting DRV they decided a Garden Home was a great option for them.

Ron & Carol met at a Parents without Partners group in California in the late 1970's. Carol has three children and Ron has two. They have been married for over 41 years. Ron worked as the Head Chef for Los Angeles County Department of Hospitals and the Juvenile probation department which included – 13 forestry camps and teaching culinary programs. His team would serve up to 3600 meals a day. He worked for LA County for 30 years. Carol worked in the offices at JC Penney where she loved the flexibility of being able to transfer locations when they had to make a move for Ron's job.



Ron and Carol participate in many activities at DRV as well as outside the community. They have been square dancing for over 50 years! Last year they attended the National Square Dancing convention in Atlanta GA, which just happened to coincide with the birth of a new great grandchild, talk about perfect timing! They belong to a local square dance group and dance often. They dance beautifully and are a joy to watch. Since moving to DRV they have also become active line dancers, participating in the line dancing classes and club. In addition to all of the dancing, they also swim regularly and play water volleyball at the nearby Dallas Aquatic Center and look forward to the new pool DRV will be adding in Phase 2.

Both Ron and Carol have a strong volunteer spirit. They can be found welcoming new residents, or building and painting wooden toys for the Toy Truck project. Ron is a volunteer driver for the DART (the DRV electric transportation vehicle) which provides rides to residents and guests around campus. He also serves on the dining committee where his past experience, input and knowledge is a great addition. When not volunteering or dancing they also like to relax and enjoy playing card games and bingo. You will often see Ron riding around campus on his Segway or driving the DART. We truly appreciate and enjoy Ron & Carol and their energy. Their active lifestyle has them on the go, helping others, smiling and living retirement to the fullest!



# Completing the circle

## Phase 2.

Spring is here and it's time to get started on Phase 2 of the Lodge Residences here at Dallas Retirement Village. A June groundbreaking is anticipated for the 29 additional apartment homes and Clubhouse expansion which will bring a spa, clinician rooms, exercise facility, indoor pool, locker rooms and more! Contractor, Deacon, is planning for 13-14 months of construction to build this gorgeous 60,000 square foot addition which means "DRV" hopes to begin moving new residents in as early as July 2021.

Reservations for these new apartment homes began at the start of the new year when Sales and Marketing Director, Tawnya Rohde, began meeting with Priority Program certificate holders. A total of 90 certificates were issued to a group of interested parties, who then met in order of certificate issuance for an opportunity to place a deposit and secure a Lodge Residence for a future move. Soon after meeting with the last program members, vacancies (if there are any) will be made available to non-certificate holders. Tawnya said she didn't want to disclose the success of the Priority Program just yet, but commented how delighted she was with the people who have made reservations and what wonderful additions they will be to the Dallas Retirement Village family, commenting *"I consider us all blessed."*

**CURIOUS IF THERE ARE LODGE RESIDENCES AVAILABLE FOR RESERVATION?  
CALL TAWNYA AT 503-623-1747.**



# Red House

## B I S T R O

The Village Apartments building opened back in 1985, and was the first Independent Living option to be offered at Dallas Retirement Village. The original building was reddish brown in color. It did not take long for people, when giving directions around our growing community to begin referring to it as "The Red Building".

This name stuck through the years, even as the building was remodeled and the colors changed, it will always be "The Red Building", to many.

In a surprise announcement, the new name of the recently remodeled dining room was revealed to residents at the March Town Hall meeting. Photos of the building throughout years past were displayed and the staff and residents celebrated with hors d'oeuvres and champagne or sparkling cider.

### Meet Dale Pader- Facilities Operations Director



*"Born in California and raised with a strong work ethic, I moved to Oregon as a young adult and began my work history with a company called SEE Design & Production, a decorating company. I started out washing and scrubbing big top tents, then graduated to tent installation. I installed and decorated large events such as the Country Music Awards, The Super Bowl and Fiesta Bowl; which led to decorating the World's Fair in British Columbia and finally, was the lead decorator for the Portland Rose festival. After 11 years of event planning and decorating, I felt it was time for a change.*

*I became a general contractor, building single-family homes, apartment complexes, restaurants and schools. From there I moved into commercial construction with a company called KDA Construction; whose primary focus was building assisted-living facilities. After several years of employment with KDA, I began to work at staffing the new facilities, which is how I started working in the operations side of senior living, ultimately molding me for my position here at Dallas Retirement Village. When I am not focusing on my career, you can find me enjoying my upmost favorite hobby - riding and building custom Harley Davison's (or snuggling with my pointer dog Mya)! Whether I am at work or at play, my goal is to always be an encouragement to the people around me. I strive daily to better understand and fulfil the needs of the people I serve at work, my friends and my family. Joining the team at Dallas Retirement Village in May of last year, has been the absolute best decision I have made in my 21 years of working in the industry. #gladtobehere" - Dale Pader*

## Bird Watching at Dallas Retirement Village

Jim & Jeannette Scott recently moved to Dallas Retirement Village and quickly began documenting the variety of birds on campus. Thanks to their keen eyes, over 40 different species of birds have been identified on campus and DRV has been approved as an eBird Hotspot! To view the most recent bird sightings by Jim and other residents at DRV visit- <https://ebird.org/hotspot/L7385129>



Black-capped  
Chickadee 3/12/2020

Jim will begin hosting a resident bird walk starting in April. These one hour tours are approximately one mile in distance and those attending are encouraged to bring binoculars, a bird guide and a camera or cell phone to take photos. Each month Jim sends a photo of a bird he has recently sighted, to be featured on the DRV Facebook page as "The bird of the month". He includes interesting information about each bird to share with the photos.

*\*About eBird- eBird is the world's largest biodiversity-related citizen science project, with more than 100 million bird sightings contributed each year by eBirders around the world. A collaborative enterprise with hundreds of partner organizations, thousands of regional experts, and hundreds of thousands of users, eBird is managed by the Cornell Lab of Ornithology.*

## AGE WELL STUDY

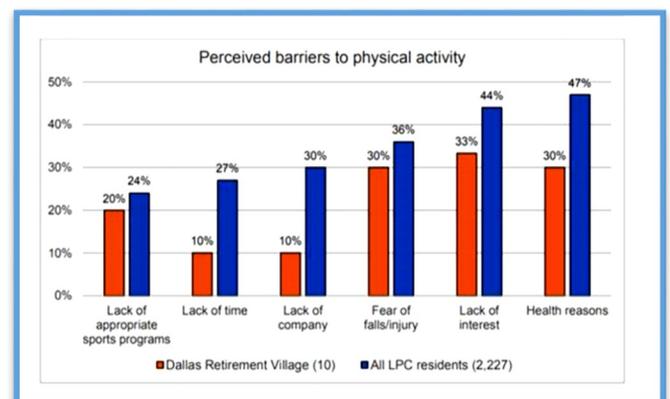
As a forward-thinking and resident-focused community, Dallas Retirement Village (DRV) is willing and able to evolve to meet the needs of seniors—especially their residents. It is this foundational philosophy that influenced DRV in 2019 to participate in the industry-acclaimed [Age Well Study conducted by Mather Institute\\*](#) in partnership with Northwestern University.

The study is a five-year analysis of the impact of residing in a Life Plan Community on residents' health and wellness over time. The findings we are learning from the participating residents is positively impacting our wellness programming.

The #1 activity Dallas Retirement Village residents said they would like to see more of was walking tours (museums, historical sites, college campuses, cultural communities, and festivals).

In reference to the chart, there are various factors that cannot be changed when it comes to increasing physical activity such as gender, neurosis, age, need for control, extroversion/introversion. But by focusing on changing the factors we can impact things like loneliness, sense of purpose, depression, chronic health conditions, and perceptions of aging. Most importantly we can encourage engagement.

Our primary goal is to provide interesting, fun, and beneficial fitness offerings, but also provide programming that has purpose, creates community cohesion, targets chronic health conditions, and provides positive perceptions of aging.





## *Traditions*



*One of our favorite annual traditions is the Independent Living residents "Ladies Tea", which takes place in May in celebration of Mother's Day and all the wonderful women at Dallas Retirement Village. Last spring the tea party's theme was "Hats off to Women". The ladies attended dressed in their finest hats and were treated to tea and delicious desserts. Each of the ladies who attended received a keepsake wrist corsage to wear and enjoy.*





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*At the time of my writing this article, April 1st, the number one topic in the country and world; COVID-19. To see the scale of this tragedy and the pain that has come with this illness is hard to comprehend. We are blessed to report that at this time Dallas Retirement Village has not been directly impacted with any active cases of the virus, we are also aware that illness will be with all of us as darker days will come. Throughout this difficult time DRV is committed to serving our residents, the community and supporting our staff with every resource at our disposal. While we are dealing with the present challenges we are confident that we will see our way through this together.*

*As I observe the reaction throughout our country, and right here at home, it is remarkable to see how each of us responds to this challenge. It is a common phrase that character is not created in times of crisis, but instead it is revealed. In this community we are seeing love and support for each other. We are coming together (social distancing aside) for the common goal of looking out for our neighbors and the most vulnerable among us. It has been wonderful to see the larger Dallas community offering material support by making masks and other items of need, as well as providing emotional and spiritual support. I will admit the requirement for so many of us to self-isolate from our friends and family has been difficult and at times, very painful. It will leave a mark on all of us that will not soon be forgotten. We are strong and together we will find new ways to meet the needs of others, we will be okay. I believe we will also remember what is truly important in our lives...our relationships with each other and our health! I am confident whether you live here now or plan to do so in the future, you will find a community of friends and a place you can call home.*



*My wish for all of you is health, happiness and recognition of the gifts each day brings to us.*

A handwritten signature in blue ink that reads "Daniel H. Davis".