

Neighborhood CONNECTIONS



SPRING / SUMMER 2021



RETIREMENT VILLAGE

*A Non-Profit Community Founded in
Christ Since 1947. All Faiths Are Welcome.*

A Brighter Tomorrow



The Covid-19 vaccine program at Dallas Retirement Village began with our Health Center, Assisted Living and Memory Care residents and staff. The clinics took place starting in January and continued through April 2021 with the Independent Living residents. Our management team coordinated with CVS and Rite Aid Pharmacies to provide vaccines to the residents and staff through multiple on-site clinics at Dallas Retirement Village.

Dallas Retirement Village encourages everyone to get the vaccine and to do so as soon as they are able. Together we can create safer communities and move forward to help put an end to the pandemic.



Dallas Retirement Village is open to all people regardless of race, color, national origin, religion, gender or disability.

We demonstrate Christ's love by providing a continuum of quality services and care to meet the physical, emotional, and spiritual needs of our residents with dignity and respect.

For information about Dallas Retirement Village, please contact:



Shellie Friesen-Berry

(503) 623-1810
Director of Admissions
Health Center, AL & Memory Care
sfriesen-berry@drvhome.com



Tawnya Rohde

(503) 623-1747
Director of Sales & Marketing
Independent Living
trohde@drvhome.com

Dallas Retirement Village Administration:



David Parrett

Executive Director
dparrett@drvhome.com



Mary Grace Driscoll

Health Center Administrator
mdriscoll@drvhome.com



Denise Olson

Assisted Living & Memory Care
Administrator
dolson@drvhome.com

Neighborhood Connections community newsletter is designed to share information about the events, people and news of Dallas Retirement Village.

Please notify Shellie or Tawnya if you change your address, have suggestions, or would like to be removed from our mailing list.

Dallas Retirement Village is a non-profit corporation managed by Life Care Services. For information about LCS, please go to: www.lcsnet.com



Resident Spotlight: Harold & Joyce Harms



Harold & Joyce have a long family history at Dallas Retirement Village. This month marks the fourth anniversary of their move to Dallas Retirement Village. When they received the call four years ago and came to see the apartment, they loved it and knew right away that it was the perfect place for them. They felt it was so important to plan for their future and to make the decisions while they are able to. They enjoy all the benefits that community living has to offer; the activities, the exercise classes, games nights and ease of living.

Joyce was born and raised in Dallas and Harold moved to Dallas in 1954 from Kansas. They both grew up in Christian homes and both of their families were involved in ministry. They dated for 5 years, and during that time, Harold attended Western Seminary in Portland and finished his class in Biblical Studies. Joyce studied nursing and they were married 5 days after her graduation in 1958.

After they were married, their strong faith led them to do missionary work. They worked as house parents for missionary children in Congo, Africa for a total of 15 years, coming home for brief periods in between when the US Embassy asked them to evacuate due to concerns with tribal unrest. While living in Africa they took care of between 10-25 children at a time in their home.

When they returned home to Dallas, Joyce worked at the Dallas Hospital for 24 years. Harold taught at Salem Academy; he was also a chaplain at the hospital for over 20 years. In addition, he worked as the associate pastor at their church and for a few years he was Assistant Chaplain here at Dallas Retirement Village.

They have done a lot of traveling in their lives. Early on they spent a year in Belgium learning French. They have been on 2 European trips one was a ministry trip and one a Rick Steves tour. They have also traveled to Israel. Throughout their travels they took many photos and wrote journals about their trips, which they often enjoy reading and reminiscing about.

Joyce enjoys quilting and is involved with making blankets with the ladies' missionary group at her church. The quilts are donated to the Union Gospel Mission and to newly married young couples. Harold enjoyed bicycling and in 2001, while in his 60's, he rode his bike across the US! For the trip, Joyce drove their van each stretch of the ride and at the end of each day they would meet. They would go about 100 miles each day and it took nearly 5 weeks to complete the cross-country trek. Once they reached the East Coast, they put Harold's bike in the van for the return trip home. Sometimes they would camp or stay with friends and relatives. They loved exploring, visiting family, seeing the scenery, and stopping at several historical sites.

Both Harold and Joyce enjoy the small community and connections they have at Dallas Retirement Village and love getting to know their neighbors. They have a positive outlook and a strong desire to help others. At Dallas Retirement Village they volunteer as Resident Representatives welcoming new residents to the community when they arrive.

Their advice is "don't wait to make a move- do it while the choice is yours and you are able to enjoy all the wonderful benefits the community has to offer."

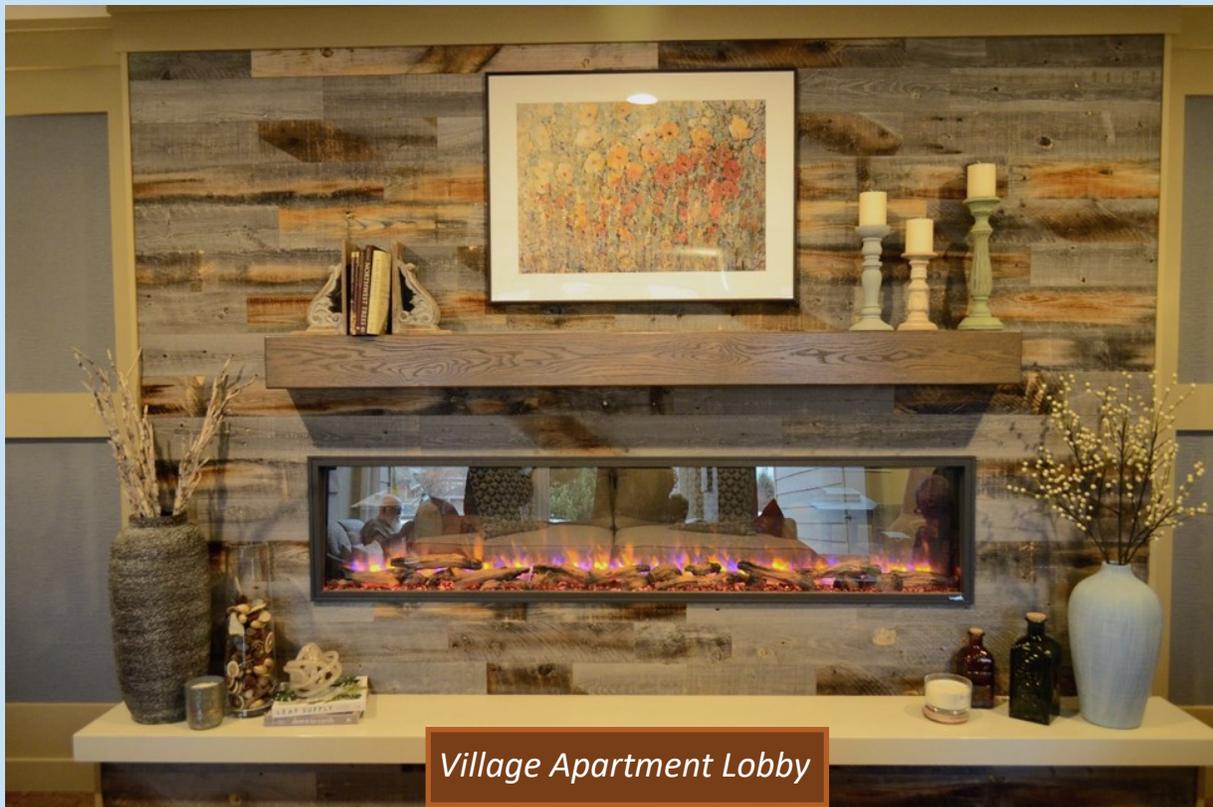
Hurry!...

You know what they say about the "early bird!"

You know what they say about the early bird... take advantage of this rare opportunity to secure a Village Apartment or Lodge Residence at Dallas Retirement Village and bypass our typical year or longer waiting period!

Both the Village Apartments and Lodge Residences are pet-friendly and offer interior access to the community mailroom, dining venues, exercise facilities, theater, and library. Plus, our new indoor swimming pool will be completed this fall! Services include a meal credit, housekeeping, home maintenance, gas, electric, water, sewer, trash, satellite TV, a 24-hour emergency call system, 24/7 reception service, and more. Features specific to each plan include:

Village Apartment – this floor plan features a comfortable one-bedroom, one-bathroom layout with a walk-in shower, an oak kitchenette with microwave & mid-size refrigerator/freezer, and a lovely sunroom – perfect for an office, art or sewing studio or sitting room guaranteed to be your most favorite space.



Lodge Residence- overlooking the picturesque fire fountain in the courtyard, this large one-bedroom, one-bathroom layout has a full kitchen featuring quartz countertops, under-cabinet lighting, a washer and dryer, huge walk-in closet and central air conditioning. The southern exposure and balcony make this floor plan especially desirable!

To learn more about these two outstanding options waiting for you,

call Tawnya at 503-623-1747



daiya
HEALTHCARE

A Legacy of Excellence

A Compassionate Approach to On-site Primary Care in Senior Living Communities

In our pursuit of continuous quality improvement, the Dallas Retirement Village has established a partnership with Daiya Healthcare for our Health Center, Assisted Living and Memory Care. Daiya provides not only a Medical Director for our Health Center, but also provides a comprehensive team of specialty providers, including a nurse practitioner who will be present in our building 5 days a week. This will enhance the quality of care for our residents and increase the ease of access to the medical care they need.

Many primary care providers are not able to follow residents through the continuum of long-term care, but Daiya is offering their primary care and specialty services to all of our residents. This is optional, and residents may still choose to stay with their primary care provider.

We are pleased to announce the selection of Dr. Nita Vellody, DO as the Medical Director for Dallas Retirement Village beginning January 1, 2021. Dr. Vellody's appointment brings in medical oversight to monitor quality care, provides consistency in leadership and help with implementation of evidence-based patient treatment practices.

Dr. Vellody and her associate providers from Daiya Healthcare not only provide post-acute care, they also work to ensure patients have solid treatment plans and appointments booked after discharge to ensure ongoing care needs are met.

For more information, call us at 503-623-5581.



Jocelyn
McDaniel



Kristin Gaines



With Christine & Shellie

Health Services

Question & Answer Forum -Online

*Save
the
Date!*

Date: June 7, 2021

Time: 2:00-3:00 PM

**Register: DallasRetirementVillage.com under
"News & Events" or call 503-623-5581**

Join us for an online webinar to learn more about our Health Services, Assisted Living, Memory Care and Skilled Nursing.

Also featuring a guest speaker from Daiya.

Meet Falene

I started working at DRV in 2014 in the health center for life enrichment. I took a break for a bit and worked as an on call team member, and now find myself in Independent Living as Life Enrichment and Resident Services team member. I'm a native Oregonian, we moved to Dallas 16 years ago from southern Oregon. My husband and I just celebrated our 25th wedding anniversary. I have three daughters, they are my absolute joy. My oldest just graduated from BYU and my other two attend there as well. Dallas has been a great community to raise our family. I love being outdoors, hiking, gardening, and camping in the summer months.



Oregon provides a lot of rainy days, which I don't mind because two of my other loves are quilting and reading which are great things to do when it's wet outside. I've always liked sewing, I've made lots of matching dresses for my daughters when they were small. I never quilted until I took a beginners class at Grandma's Attic here in town. I was in love!

I also love books! I'm a huge advocate for reading to children. I think it's one of the most important things we can do for ourselves at any age. I built a 'little free library' and have it in my front yard where people can come take and

leave books. I love historical books, so I love talking to our residents who have lived through many of those eras I read about. I especially have loved getting to know some of our veterans. I have a soft spot in my heart for these brave heroes. When I was at the health center I had a book club where I read to residents every week and a garden group.

Here in Independent Living I've started a quilt block of the month club, where we are making quilts to give to charity and hope to form a quilt group that meets together regularly. I've also been working in the two libraries, working to organize and grow the selection of books. I hope to start a book club soon. It's a very good thing when you come to work and get to share what you enjoy and to learn from others.



THE 8 DIMENSIONS OF WELLNESS



Physical

Engaging in physical activities that support a strong healthy body



Vocational

Using your skills and talents for life enrichment



Social

Connecting with friends & family



Intellectual

Exercising your mind to maintain cognitive function



Emotional

Enhancing your outlook on life



Environmental

Making a positive impact on the quality of the world around you



Spiritual

Exploring and deepening your beliefs



Health Services

Helping you feel well and stay well

On any given day at our Independent Living community, you will find dozens of opportunities to pursue activities that cover one or more of these aspects of wellness. Choose whatever interests you, from exercise classes to volunteer opportunities to social gatherings. In fact, we average more than 250 calendar events, classes, groups, outings, & activities monthly, including 70 wellness classes.

It's never a challenge finding something to do at Dallas Retirement Village. Instead, the challenge is choosing between all the things that sound interesting, fulfilling, and fun at our active senior community.





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Dallas, Oregon 97338

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Call (503) 623-9211 today for a personal tour of our beautiful community.

As we roll into Spring, we begin to enjoy and appreciate the bloom of the season! Excitement is also brewing around the construction of the 29 new Lodge Residences and Wellness Center. The construction is coming along nicely as things like windows, rooftops and drywall begin to be installed. This is when the building begins to really take shape and our long-awaited vision comes to life. Currently, the construction remains on schedule and we are anticipating the day when our final materials and finishes begin to arrive. Most of all, we are looking forward to welcoming our new residents to Dallas Retirement Village! This expansion will grow our community to over 400 residents on campus, full time. The hustle and bustle will pick up and circumstances willing, we will be fully open before the end of the year. Of course, we want to acknowledge the struggles



from the past year and use those experiences to create a richer and fuller environment for all residents at Dallas Retirement Village. We remain flexible and are optimistic about the months ahead as our community begins reopening in stages, as allowed. We have much to be grateful for at Dallas Retirement Village! We look forward to serving our residents, our staff and the community of Dallas as we complete the construction and begin to rise out of restrictions. We hope this message finds you well and look forward to the Summer of 2021 with you!