

Planning your stay at Dallas Retirement Village

If a stay at Dallas Retirement Village is in your future, please use this convenient checklist to help you prepare for your stay. Knowing you've packed everything you'll need will help set your mind at ease.

CLOTHING

- Loose, comfortable clothing that's easy to put on and take off
- Undergarments and socks
- Pajamas and a robe (*we can provide gowns, if you prefer*)
- Soft-soled shoes or sneakers
- Non-skid slippers

PERSONAL ITEMS

- Shampoo and conditioner
- Toothpaste or denture cream/cleansers
- Deodorant or antiperspirant
- Hairbrush/comb
- Makeup/lip balm
- Dentures or partials
- Eyeglasses/reading glasses
- Books, magazines, puzzle books, playing cards
- Cell phone, tablet, laptop computer (*free Wi-Fi available*)

PAPERWORK

- Medicare card (*and any other insurance cards that apply*)
- Power of attorney
- Advance directive

The partnership between Dallas Retirement Village and Healthpro Heritage, our onsite preferred rehabilitation provider, is designed to get you back on your feet and enjoying life to the fullest. We're happy to answer any questions you might have, including what to expect during your stay.

Please call 503-623-5581 for more information.



HEALTHPRO



HERITAGE

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