Neighborhood CONNECTIONS

Dallas
RETIREMENT VILLAGE

FALL/WINTER 2024

Meet Herb Massinger

Herb has lived at Dallas Retirement Village for just over 14 years—wow! What an incredible journey he has been on in life and in the community. Herb just celebrated his 95th Birthday this summer, and is excited to enjoy another trip around the sun. His party was celebrated in the Loft, a beautiful Southwest facing rooftop patio on campus where residents can reserve the space for private events just like this. His family had it catered his favorite Mexican restaurant right here in town and invited many friends and family to celebrate along with him.

Once an avid golfer, Herb recently ventured back on the course as a caddy cart driver with friends and family. His daily activities include a beautiful walk from his Garden Home to the Clubhouse to enjoy the wellness class offerings in Studio 225, a group fitness studio where classes such as balance and coordination, Tai Chi, line dancing and so much more are held! He also enjoys stopping by the staff offices and front desk to have quick chats before he heads back home for the day. Herb was in the Air Force and served for 4 years starting in 1954 as a Captain flying planes; we are thankful for his service!

Herb has a son who lives in California, and comes to visit often. Their time together is spent adventuring, staying active and enjoying quality family time. One of the best Birthday gifts Herb received at his 95th celebration this summer was the one from his son. Herb Jr. gifted him a flight from the McMinnville airport, where he would have a chance to fly a plane again.

A RESIDENT SPOTLIGHT

Maranatha Farms

Dallas Retirement Village is excited to introduce Maranatha Farms, located in Polk County, who frequent the community each Friday during the Summer and Fall months with their family farm stand. Bringing fresh fruits and vegetables, hand picked flowers, pumpkins and so much more… Residents and staff enjoy supporting a local small business! Shelley Lubbers and her husband Dan are the owners of Maranatha Farms, and Shelley is the niece of Dallas Retirement Village Resident, Del Warren. With a mission to help families affected by Alzheimer's, they provide a soothing environment to just watch farm animals or get involved in gathering eggs and doing other farm chores. We couldn't be happier to have such a strong connection with them.

The Dallas Retirement Village Life Enrichment Team also schedules annual outings to the family farm. During this year's visit to the farm, residents enjoyed floral arranging and took a look at an old combine that still runs to this day!

Environmental Services Week

National Healthcare Environmental Services Week is held annually the second week of September. Dallas Retirement Village Environmental Services Director, Kimberly Glover, has been with Dallas Retirement Village for 22 years and loves to celebrate her team of dedicated staff during this special time. These staff members serve in housekeeping, floor care and laundry– keeping Dallas Retirement Village the safe, clean and wonderful place that it is!

The Environmental Services Week is dedicated to showing appreciation and thanks to this wonderful group of staff. Through fun activities such as games to get everyone involved with winning prizes, lots of snacks and food throughout the week, ending in a group taco feed to close out the celebration, everyone is sure to feel extra special and appreciated for the work that they do.

Thank you for all you do, Environmental Services Team!

Walk to End Alzheimer's

Dallas Retirement Village participated in their 2nd annual Walk to End Alzheimer's in Salem, Oregon, on September 8th, 2024. Sponsoring the pet area, they distributed handmade dog pops made out of Greek yogurt, honey, peanut butter and banana to each furry friend that came by. Handmade purple handkerchiefs were also gifted to pets as an outfit staple on their walk. Kids and adults alike adopted balloon pets to take on their walk. Powerade pops and cold bottled water were handed out to walkers at the finish line! We had several residents celebrate crossing the finish line this year after taking part in the walk.

Dallas Retirement Village was the top company fundraiser prior to the event, having raised just a little over $8,000! We were mildly disappointed when Edward Jones swooped in and took the lead at the last moment. Nonetheless, what an amazing testament to the staff, residents, guests, family members and community partners who helped our stand-alone community make such a huge difference in the fight against Alzheimer's and other dementias. Fundraising continues through the end of 2024. If you feel inclined to support Dallas Retirement Village's efforts, please scan the QR code to make a donation and watch a video of the event's festivities.

SCAN ME

Your Local Winter Wonderland

Facility Operations Manager, Dale Pader, has aimed to create a magical winter wonderland at Dallas Retirement Village over his 5 years in the community. Starting with a smaller number of lights across campus and growing to 15,000 lineal feet (15,000 bulbs or a little over 3 miles of lights) has recently led to the purchase of the train that belonged to beloved Dallas neighbor, Larry Weiss. Larry was well-known in Dallas for putting on a spectacular show in his roundabout driveway on Fir Villa Road. The train blows steam and plays music while running on it's tracks in the center of campus for all to enjoy. The light display can be viewed by driving through the community from December to New Years.

This year's annual tree lighting will happen on December 2nd. The staff and residents partake in singing Christmas carols, drinking hot chocolate & warm cider, and enjoying sweet treats to ring in the season. (Dallas Retirement Village is a faith based community—welcoming to all faiths.)

Happiness Coordinator

Meet the very first ever, Happiness Coordinator of Dallas Retirement Village, Mary Sue! Mary Sue has been with the community since 2015 and has always made residents and staff feel extra special by going the extra mile and always wearing a smile. Well known for her popular handmade Birthday Cards, that take hours to craft with custom designs to include residents favorite foods, memories, pets, travels and more—Mary Sue is truly a ray of sunshine that lights the way anywhere she goes.

Her daily activities as the Happiness Coordinator include sharing goodies like milkshakes, ice cream, smoothies or candy with happy visits to residents in Assisted Living. Mary Sue also has a few hobbies that she uses to brighten everyone's day. She collects napkins from around the world and then shares them with friends, residents and staff. She did this while working at the Central Blend Coffee Bar in the Clubhouse and has now carried it over to Assisted Living. She even has friends and family on the lookout for napkins to send her way! Besides using her artistic skills on the custom made Birthday cards for residents and staff, she also does fun crafts to share as gifts. One of her favorite activities is the "Tracy, Mary Sue and You" party that she co-hosts once a month with Assisted Living Administrator, Tracy Swanborough.

As quite the perfect fit for Mary Sue, Dallas Retirement Village is blessed to have her as the Happiness Coordinator!

Resident-Led Activities

Dallas Retirement Village residents claim living in the community is like "living on a cruise ship!" One reason for this description is due to the countless daily activities, on and off campus, that not only Life Enrichment strives to create as endless fun, but allows residents to lead and be a part of. Resident-led activities are held in locations across campus including Independent Living, Assisted Living and the Health Center (Skilled Nursing). Activities range from gatherings to move the body and add to the already existing wellness programming, to games that exercise the mind, arts and crafts, and social opportunities.

With over 25 different kinds of activities, there is something for everyone!

- Hula Hoop
- Line Dancing
- Book Club
- Quilt Club
- Cardmaking
- Ladies Coffee
- Men's Group
- Games/Card Groups
- Not an Art Class
- Resident Movie Night
- Water Volleyball
- Birding
- Golf
- Puzzle Group
- Walking Group

Enjoy coffee and conversation in an open forum with Residency Coordinator, Stephen. Here you can ask questions and learn about Supportive Living offered at Dallas Retirement Village for yourself, or a loved one.

It's your journey - we're here to help.

ROADMAP RESOLUTION

Dallas Retirement Village- Clubhouse

225 NW Jasper St. in Dallas ● RSVP 503.623.1810 ● Cascade Commons

Village Apartments

Looking for a month-to-month rental option? The Village Apartments at Dallas Retirement Village offer short waiting periods and no up front fees (other than a minimal security deposit)! Equipped with beautiful sun rooms, spacious bathrooms, walk-in showers and kitchenettes, choose between 5 different floor plans including studios, one-bedroom and two-bedroom options. With a bountiful dining credit, television, housekeeping, home maintenance, social events, planned outings and so much more! The monthly fees covers most, if not all, of your needs.

Call us today to learn more!

503.623.1857

Electronic Car Charging Station

Dallas Retirement Village is excited to announce the addition of an Electric Vehicle (EV) Charging Station located on campus. EV Charging replenishes the battery on an Electric or Plug-in Hybrid Vehicle. The Dallas Retirement Village EV Charging Station uses an application on a smart device called ChargePoint where residents can link their car, payment, and other necessary information to charge up.

Should you be considering a move to senior living and have your own Electric Vehicle, enjoy the peace of mind knowing you have a place to conveniently charge on the Dallas Retirement Village campus, just steps away from your front door.

Dallas Retirement Village is open to all people regardless of race, color, national origin, religion, gender or disability.

Mission Statement:

We demonstrate Christ's love by providing a continuum of quality services and care to meet the physical, emotional, and spiritual needs of our residents with dignity and respect.

Dallas Retirement Village Administration:

David Parrett
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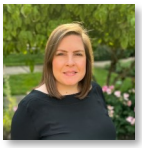

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Neighborhood Connections *community newsletter is designed to share information about the events, people and news of Dallas Retirement Village. Visit our website at:* ***www.DallasRetirementVillage.com***

Please notify us if you change your address, have suggestions, or would like to be removed from our mailing list.

Dallas Retirement Village is a non-profit corporation managed by Life Care Services. For information about LCS, please go to: **www.lcsnet.com**

Dallas
RETIREMENT VILLAGE

EQUAL HOUSING OPPORTUNITY

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Celebrating the Season of Togetherness at Dallas Retirement Village

As the holiday season arrives, Dallas Retirement Village is filled with the spirit of celebration and togetherness. It is a time for us to gather, share stories, and create new memories that will warm our hearts throughout the year.

This year, Dallas Retirement Village is embracing the holidays with a focus on staying active, engaged, and connected. The Life Enrichment calendar is packed with festive events and activities for residents to stay busy including Active Aging Week, holiday parties and happy hours, festive outings and so much more. These moments together offer not just joy but also the chance to connect, laugh and enjoy the season with friends old and new. At Dallas Retirement Village, we believe the holidays are about celebrating life, friendship and the connections that enrich our days. Let us embrace this season with open hearts, making room for joy, gratitude and the wonderful experience of being part of a vibrant, caring and active community.

My prayer for you is that the coming holidays be a blessing for you and your family with your own celebrations and time of togetherness.

Sincerely,
David Parrett, Executive Director.